

High Tides

Greek Salad with Roasted Garlic Dressing

Salad

2 c mixed greens
¼ red bell pepper, sliced
¼ yellow bell pepper, sliced
¼ white onion, sliced
2 T feta cheese, crumbled
½ c penne pasta, cooked and chilled
1 medium tomato, coarse chopped
½ cucumber, chopped
6 to 8 kalamata olives, pitted
Salt and pepper to taste

Dressing

1 tsp Dijon mustard
1 T roasted garlic
1 T water
1 ½ T olive oil
Salt and pepper to taste
1 ½ tablespoons balsamic vinegar
1 oz honey

Salad – Place all ingredients in a large bowl. Add dressing to taste.

Dressing – Blend all ingredients thoroughly with a wire whisk or in a food processor.